



## Summary of PPO 100 Benefits – January 2025

Benefit	IN Network	Out-of-Network
<b>General Provisions</b>		
<b>Benefit Period</b> <sup>(1)</sup>	Contract Year	
<b>Deductible (Embedded)</b> – (per benefit period) <sup>(2)</sup>		
Individual	None	\$300
Family	None	\$900
<b>Plan Pays</b> – payment based on the plan allowance	100% unless otherwise indicated	80% after deductible
<b>Coinsurance Maximum</b> - (per benefit period)		
Individual	None	\$1,500
Family	None	\$4,500
<b>Total Maximum Out of Pocket</b> <sup>(3)</sup> <b>(Embedded)</b> (Medical In-Network deductible, coinsurance, and copays COMBINE with Pharmacy Copays). Once met, plan pays 100% of covered services for the rest of the benefit period.		
Individual	\$9,200	N/A
Family	\$18,400	N/A
<b>Office/Clinic/Urgent Care Visits</b>		
<b>Primary Care Provider Office Visits</b>	\$15 copay	80% after deductible
<b>Specialist Office Visits</b>	\$20 copay	80% after deductible
<b>Telemedicine</b>	\$15 copay	Not Covered
<b>Urgent Care Center Visits</b>	\$20 copay	80% after deductible
<b>Preventive Care</b> <sup>(3)</sup>		
<b>Routine Adult</b>		
Physical exams	100% no copay	80% after deductible
Adult immunizations	100% no copay	80% after deductible
Colorectal cancer screening	100% no copay	80% after deductible
Routine gynecological exams, Pap Test	100% no copay	80% after deductible
Routine Mammogram	100% no copay	80% after deductible
Prostate Specific Antigen Test	100% no copay	80% after deductible
<b>Routine Pediatric</b>	100% no copay	
Physical exams	100% no copay	80% after deductible
Pediatric immunizations	100% no copay	80% after deductible
<b>Vision</b>		
Adult: Routine Vision Exam	\$20 copay One routine eye exam every 24 months	Not Covered
Pediatric Vision: Routine Vision Exam	\$20 copay One routine eye exam every 12 months	Not Covered
<b>Hospital and Medical/Surgical Expenses (including Maternity)</b>		
<b>Hospital Inpatient</b>	\$75 copay per day for the first 4 days. Calendar Year maximum of \$300 copay per Individual. Then covered at 100%	80% after deductible
<b>Hospital Outpatient</b>	Covered at 100%	80% after deductible
<b>Maternity</b> (non-preventive facility & professional services)	Covered at 100%	80% after deductible
<b>Surgical Inpatient</b>	Covered at 100%	80% after deductible
<b>Surgical Outpatient (except office visits)</b>	Covered at 100%	80% after deductible
<b>Ambulatory Surgery</b>	Covered at 100%	80% after deductible
<b>Anesthesia</b>	Covered at 100%	80% after deductible
<b>Emergency Services</b>		
<b>Emergency Room Services</b>	\$150 copay per visit (waived if admitted)	

<b>Benefit</b>	<b>IN Network</b>	<b>Out-of-Network</b>
<b>Ambulance</b>	\$25 copay per service	
<b>Outpatient Therapy Rehabilitation Services</b>		
<b>Physical and Occupational Therapy</b>	Covered at 80%	80% after deductible
	Limit: 60 visits/benefit period combined PT and OT - Limit does not apply when Therapy Services are prescribed for the treatment of Mental Health or Substance Abuse	
<b>Speech Therapy</b>	Covered at 80%	80% after deductible
	Limit: 60 visits /benefit period - Limit does not apply when Therapy Services are prescribed for the treatment of Mental Health or Substance Abuse	
<b>Chiropractic</b>	\$20 copay per visit	80% after deductible
	Limit: 30 visits/benefit period	
<b>Cardiac Therapy</b>	Covered at 80%	80% after deductible
<b>Chemotherapy and Radiation Therapy</b>	Covered at 100%	80% after deductible
<b>Mental Health/Substance Abuse</b>		
<b>Inpatient</b>	\$75 copay per day for the first 4 days. Calendar Year maximum of \$300 copay per Individual. Then covered at 100%	80% after deductible
<b>Inpatient Detoxification/Rehabilitation</b>	\$75 copay per day for the first 4 days. Calendar Year maximum of \$300 copay per Individual. Then covered at 100%	80% after deductible
<b>Outpatient</b>	Covered at 100%	80% after deductible
<b>Other Services</b>		
<b>Assisted Fertilization Procedures</b>	\$600 Maximum Benefit for Artificial Insemination	
<b>Diagnostic Services</b>		
<b>Advanced Imaging (MRI, CAT, PET scan, etc.)</b>		
Hospital Facility	\$225 copay	80% after deductible
Non Hospital Facility	\$75 copay	80% after deductible
<b>Standard Imaging (including diagnostic mammograms)</b>		
Hospital Facility	\$80 copay	80% after deductible
Non Hospital Facility	\$20 copay	80% after deductible
<b>Laboratory</b>		
Hospital Facility	\$80 copay	80% after deductible
Non Hospital Facility	\$20 copay	80% after deductible
<b>Durable Medical Equipment, Orthotics and Prosthetics</b>	Covered at 80%	80% after deductible
<b>Home Health Care</b>	Covered at 100%	80% after deductible
	Limit: 100 visits/benefit period	
<b>Hospice</b>	Covered at 100%	80% after deductible
<b>Private Duty Nursing</b>	Covered at 100%	80% after deductible
	Limit: 240 hours/benefit period - Inpatient Only	
<b>Skilled Nursing Facility Care</b>	Covered at 100%	80% after deductible
	Limit: 120 days/benefit period	
<b>Transplant Services</b>	For organ transplants preformed at Blue Distinction Centers for Transplants (BDCT), charges are covered at 100%. For transplants performed at participating but non-BDCT facilities, charges are covered at a reduced benefit level of 80%.	Not Covered
<b>Precertification Requirements</b> (4)		Yes
<b>Prescription Drugs</b>	Generic Drugs \$10 copay Preferred Brand Drugs \$20 copay Non-Preferred \$35 copay Some drugs require prior authorization and/or have quantity limits. Covers up to a 30 day supply (retail) 31-90 day supply mail order	Not Covered
<b>Administered by ESI Direct not Highmark Delaware Information available at <a href="http://www.express-scripts.com">www.express-scripts.com</a></b>		

(1) Your group's benefit period is based on a Calendar Year. The Calendar Year is a consecutive 12-month period beginning on January 1<sup>st</sup>.

(2) When calculating deductible expenses, only the allowable charges are considered

(3) The Network Total Maximum Out-of-Pocket (TMOOP) is mandated by the federal government. TMOOP must include deductible, coinsurance, copays, prescription drug cost share and any qualified medical expense. If you are enrolled in a "Family plan", with your embedded deductible, only one eligible family member must satisfy his/her individual deductible before claims reimbursement begins. In addition, with your embedded out-of-pocket limit, once an individual family member's out-of-pocket limit is satisfied, additional claims reimbursement begins for that person. Finally, with your embedded TMOOP, once any eligible family member satisfies his/her individual TMOOP, claims will pay at 100% of the plan allowance for covered expenses, for the rest of the plan year.

(4) Services are limited to those listed on the Highmark Delaware Preventive Schedule.

*This is not intended as a contract of benefits. It is designed purely as a reference of the many benefits available under your program.*

- (5) Highmark Medical Management & Policy (MM&P) must be contacted prior to a planned inpatient admission or within 48 hours of an emergency or maternity-related inpatient admission. Be sure to verify that your provider is contacting MM&P for precertification. If this does not occur and it is later determined that all or part of the inpatient stay was not medically necessary or appropriate, you will be responsible for payment of any costs not covered.

**This is not a contract. This benefits summary presents plan highlights only. Contract limitations and exclusions apply. Please refer to your benefits booklet (or contact your marketing representative to request a copy) for complete information. All percentages are based on Highmark Blue Cross and Blue Shield Delaware's allowable charge.**

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